



# Goal setting plan

## 1. What is my goal?

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## 2. Where am I at just now?

Date: \_\_\_\_\_

0	1	2	3	4	5	6	7	8	9	10
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## 3. My action list

By when



## 4. Where am I at just now?

Date: \_\_\_\_\_

0	1	2	3	4	5	6	7	8	9	10
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## 5. What's next on my list?

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